Exercises for /ʊ/ and /u:/

1. Moving up, down, left or right, follow the words with the $/\sigma$ / sounds. Then listen to the MP3 (8a) and practice saying the words.

rt –	🕨 book 🗕	push	played	printer	boxing	break	galaxy	zebra	blend	
	move	good	pull	fan	juice	plants	football	couldn't	wood -	🔶 finish
	cream	phone	took	green	city	office	would	president	friend	
	player	was	put	shook	cooking	smooth	full	point	racing	
	making	funny	words	China	looked	should	sugar	choose	follow	

2. Write the correct number above the words in blue. Does the word contain the sound $1/\sigma$ / or 2/u:/? Listen to the MP3 (8b) and write which sound you hear. Underline the part of the word with this sound.

John: Let's look at the menu. What would you like to have?

1 George: I shouldn't have too much food because I'm on a diet. I'll have the slow-cooked beef.

John: Sounds good! I'll go for the soup for starters, the steak for main, and blueberry pie for dessert.

George: That's not nice! I'm going to be looking at you eating all that tasty food.

John: Well, I'm not on a diet. So I can eat whatever I choose!

3. Listen to the MP3 (8c) and circle which word you hear.

- a) look Luke
- b) could cooed
- c) pull pool
- d) hood who'd
- e) full fool

4. Record yourself saying the words in sections 1 and 3, and the passage in section 2. Listen to your recording again in a few days. Can you clearly hear the two target sounds you studied?

